

The basics to help you make steps and strides in faith.

We begin to prepare in Lent for our celebration of Easter and Divine Mercy Sunday as the eighth day of thanksgiving (the Octave Day).

During this season, we especially make an effort to:

- Perform works of mercy.
- Spend more time in prayer.
- Do penances.
- Give alms.

Praying the [Divine Mercy Chaplet](#) and the [Novena to The Divine Mercy](#) can be particularly helpful in our preparations.

Many souls also benefit from doing more spiritual reading during Lent. You might consider materials on Divine Mercy. [See related materials.](#)

Keep in mind that, to fittingly observe the Feast of Mercy, we should:

1. Celebrate the Feast on the Sunday after Easter.
2. Sincerely repent of all our sins.
3. Place our complete trust in Jesus.
4. Go to Confession, preferably before that Sunday.
5. Receive Holy Communion on the day of the Feast.
6. Venerate* the Image of The Divine Mercy.
7. Be merciful to others, through our actions, words, and prayers on their behalf.

*To venerate a sacred image or statue simply means to perform some act or make some gesture of deep religious respect toward it because of the person whom it represents — in this case, our Most Merciful Savior.

